Hint Sheet

05

Tips For Reporting Cyber Bullying For Grown-ups

Cyber bullying is using the Internet to threaten, embarrass, pick on, or put-down people. Remember to save evidence of cyber bullying. Here are some tips for deciding whom to report cyber bullying to:

1 If the bullying happens through email or instant message...

Contact the bully's Internet Service Provider (ISP) to see if it qualifies as abuse. They may send a warning or suspend the user's account. Contact your own ISP for help with blocking an account.

2 If the bullying happens through a website...

Contact the webmaster, site owner, or customer service and request that the offensive materials be removed. If that doesn't work, contact the website host and ask them to pull down the site if it violates the terms of agreement.

3 If the bullying happens through a cell phone...

Contact the phone service provider – most calls can be traced and they may be able to block the calls or let you know where they are coming from so you can report the abuse.

4 If the bully goes to school with your child...

Contact the school principal or counselor. If the cyber bullying happens at school or is affecting the school environment they may be able to intervene. If the school does not have a cyber bullying policy, ask them to create one.

5 If there is the threat of physical danger...

Contact the local law enforcement if there is the threat of physical harm. They may also have a special cyber crimes unit that can investigate.