



Lesson 8: Cyber Bullying

Learning Objectives

- Introduce cyber bullying and online harassment.
- Introduce cybersecurity issues related to cyber bullying.
- Raise students' awareness of appropriate online behavior towards others.
- Raise students' awareness about consequences related to cyber bullying and online harassment.
- Enhance students' motor skills while navigating the game.

Materials You Will Need

- Computers with Carnegie Cadets: The MySecureCyberspace Game installed
- Worksheet for Lesson 8: Cyber Bullying
- Hint Sheet 04 and 05 (download from <http://www.carnegiecyberacademy.com/documents/hintSheet04.pdf> and <http://www.carnegiecyberacademy.com/documents/hintSheet05.pdf>)

Classroom Activities (Duration: 45 minutes)

Timeline	Teacher Instructions	Student Activities
Introduce Concepts (15 min)	<ul style="list-style-type: none"> • Lead students into the game and direct them to the Clubhouse in Cyberspace. Have them talk to Betty and start their Level 2 training mission. (10 min) • Have students listen to the tutorial and ask Betty the questions about cyber bullying. 	<ul style="list-style-type: none"> • Start and log in to the game, then go to the Clubhouse in Cyberspace (CyberPort > Cyberspace Portal > Data Stream North > Clubhouse). Click on Betty and ask to start the Level 2 training mission. Listen to her tutorial and ask her all of the questions about cyber bullying.
Develop and Practice (20 min)	<ul style="list-style-type: none"> • Let students play the mission until they earn a gold badge and then have them complete the ReQuest with Carlo. (20 min) <ul style="list-style-type: none"> • Make sure all students earn a gold badge and unlock their third ReQuest with Carlo. • Direct students to go to the CyberPort to complete the ReQuest with Carlo. • If the students complete both the mission and ReQuest, hand out Hint Sheets 04 and 05 for the students to read. 	<ul style="list-style-type: none"> • Play the mission until you earn a gold badge. • After finishing the mission, go to the CyberPort and talk to Carlo (Data Stream North > Academy Portal). Offer to help him with cyber bullying. • After completing the ReQuest, read Hint Sheets 04 and 05.
Reinforce (10 min)	<ul style="list-style-type: none"> • Make sure all students have completed the mission and ReQuest and have read the two Hint Sheets. Hand out the worksheet and discuss questions 1-3 with them. (Worksheet, part 1) (7 min) • Discuss strategies for protecting yourself from cyber bullying and avoiding becoming a cyber bully yourself with students. (Worksheet) (3 min) 	<ul style="list-style-type: none"> • Read the worksheet and the three questions. Think about what Alan and his classmates could have done differently to prevent the situation from becoming worse. • Think about ways to protect yourself from cyber bullying and ways that you might become a cyber bully, even if it is unintentional.

Learning Outcomes

At the end of this lesson, students will be able to:

- Demonstrate an understanding of cyber bullying and the electronics mediums used in cyber bullying.
- Follow a few basic cybersecurity steps to secure their private information online.
- Understand the importance of privacy and keeping their personal information private.
- Understand the consequences of cyber bullying and the effect on the victim.
- Understand how to deal with cyber bullying and how to protect yourself from cyber bullying.



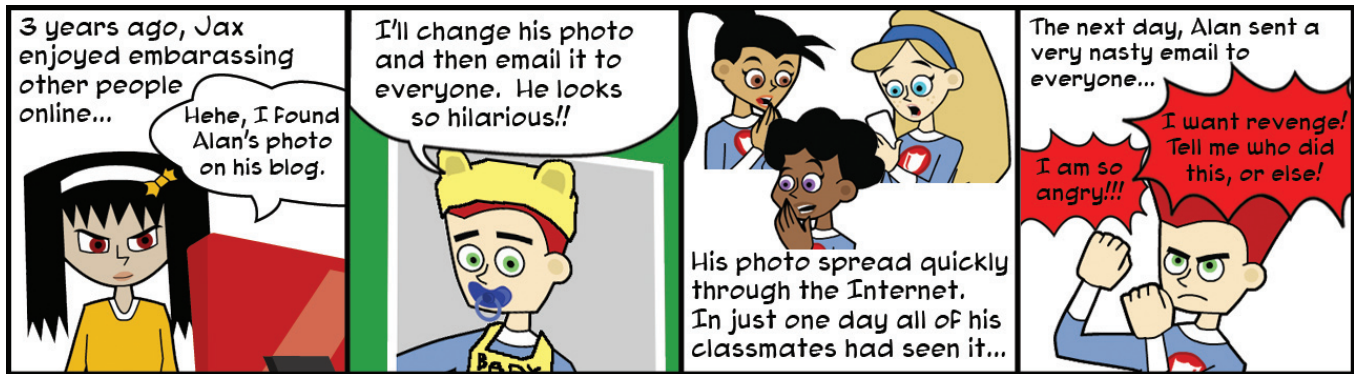
Worksheet 8: Cyber Bullying

Date:

Name:

1. Cyber Bullying

Cyber bullying is the use of the Internet to harass, intimidate, embarrass or demean others.



Quiz 1: What Jax did is considered cyber bullying, but Alan could have prevented this incident from happening. What could Alan have done differently to protect himself?

Quiz 2: What could Alan's classmates have done differently to help and prevent the email from spreading more?

Quiz 3: Alan's anger is understandable, but revenge will not solve the problem. What could Alan have done instead?

2. Protect Yourself From Cyber Bullying

1. Do not share your personal information in cyberspace, especially photos and videos of yourself
2. Never share your password with anyone except a trusted adult, no matter how close of a friend they are.
3. Never respond to a cyber bully and do not believe everything that is posted online.
4. Never send impulsive messages when you are angry or bored. You could end up saying something that you will regret later.
5. Tell a trusted adult about any cyber bullying and report it to authorities.
6. Save emails or other evidence of cyber bullying for when you report it.



Betty,
Clubhouse
Supervisor



CARNEGIE CAPETS: THE MYSECURECYBERSPACE GAME

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Hint Sheet

04

Tips For Dealing with Cyber Bullying

Cyber bullying is using the Internet to threaten, embarrass, pick on, or put-down people. They can make you pretty miserable, so if you ever run into a cyber bully, remember these tips:

1 *When a Bully attacks, first try to ignore or block them.*

The Bully is probably trying to pick a fight. If you can laugh it off instead of reacting or fighting back, the Bully doesn't get what they want.

2 *If the attacks become overwhelming or scary, you should probably let a trusted adult know about it.*

Talk with your trusted adult about strategies to deal with the bullying and come up with a plan together.

3 *Be prepared to report the bully.*

Save any evidence of the bullying, such as email and instant messages and screenshots of web pages. See Hint Sheet 05 for information on how to report cyber bullying.

4 *Be a good cyber citizen and help prevent cyber bullying.*

If you witness cyber bullying, try to do something friendly to help the victim, so they don't feel alone. Don't join in and make things worse.

5 *Protect yourself from cyber bullying as much as possible.*

Make sure that you won't be an easy target for cyber bullies. Don't share your personal information in Cyberspace, especially photos and videos, and don't try to pick fights with other people.



CARNEGIE CAPETS: THE MYSECURECYBERSPACE GAME

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Hint Sheet

05

Tips For Reporting Cyber Bullying

Cyber bullying is using the Internet to threaten, embarrass, pick on, or put-down people. Remember to save evidence of cyber bullying. Here's some tips for deciding whom to report cyber bullying to:

- 1** *If the bullying happens through Email or Instant Message...*
Contact the bully's ISP to see if it qualifies as abuse. They may send a warning or suspend the user's account. Contact your own ISP for help with blocking an account.
- 2** *If the bullying happens through a Web site...*
Contact the webmaster, site owner, or customer service and request that the offensive materials be removed. If that doesn't work, contact the Web site host and ask them to pull down the site if it violates the terms of agreement.
- 3** *If the bullying happens through a cell phone...*
Contact the phone service provider - most calls can be traced and they may be able to block the calls or let you know where they are coming from so you can report the abuse.
- 4** *If the bully goes to school with your child...*
Contact the school Principal or Counselor. If the cyberbullying happens at school or is affecting the school environment they may be able to intervene. If the school does not have a cyber bullying policy, ask them to create one.
- 5** *If there is the threat of physical danger...*
Contact the local law enforcement if there is the threat of physical harm. They may also have a special cyber crimes unit that can investigate.